

MAY 2016



GIVING WINGS TO YOUNG DREAMS

Alekya is the daughter of Lavanya who works at Nireekshana. Alekya has one elder brother, both of whom have completed their 9th standard. After Alekya came to Nireekshana, she became very confident and has started doing well in her studies. With Nireekshana's support she is able to manage going to an English medium school.

Alekya does her studies with dedication and wants to do fine arts in the future. Her mother is happy as she completes any work given to her to perfection, leaving no room for complaints. Her drawing is excellent and she also dances very well.

In the future, Alekya wants to work hard at her studies and to be helpful to her mother in any way she can. She is proud to be a Nireekshana's child.

Alekya's mother Lavanya lost her husband when her children were very young. She has single-handedly raised both her children and joined the Mallika project in 2012. She has learnt to sew, crochet and embroider, which have become a means of raising money to support her family. Now she is an integral part of Nireekshana and works at the office.

Patient Statistics for Clinics

Place	Follow up	New Regn	Deaths	Total
HIV-Nireekshana Hyd	621	28	1	650
HIV-Vishakhapatnam	10	15	0	117
HIV-Dimapur	10	0	0	10
HIV-Hubli	19	0	0	19
HIV-Community clinic Amberpet	154	0	0	154
HIV-Community clinic Rasoolpura	74	0	0	74
HIV-Children's Clinic	35	0	0	35
HIV-Dental Clinic	14	0	0	14
HIV-Eye Clinic	22	0	0	22
Leprosy Clinic	24	12	0	36
Spl Needs Children	8	0	0	8
Destitute Home	12	0	0	12
Total	1003	55	1	1152

Pharmacy

Medical Problem	Total
Fungal Infections	42
Neuropathy	11
TB / HIV	4
STI	6

Community, Home based Care

Teams	Home Visits	Phone Counseling
Nireekshana Hyd	9	48
YWAM	42	40
Visakhapatnam	30	60
Dimapur	8	11
Hubli	3	7
Total	84	157

OTHER PROGRAMS

Trainings & Seminars:

- A total number of 273 patients at the clinic were addressed on simple health topics such as Hand Washing & Hygiene, Scabies, Training to Pregnant women on Lactogen and Weaning foods, Tuberculosis, Urinary Tract Infections (UTI), Wound Care, Cold & Cough, Typhoid, Fever Reduction, Marriage & Faithfulness, Down's Syndrome program at IOG, Rubbish Disposal, Diarrhea & ORS, Vision Casting Training, Blood Pressure, Seminars had few feedback: "I learnt that we can prevent 70 % – 80 % of infections by washing hands",
- ART adherence counseling given to patients 81
- 33 children were addressed on important topics like good & bad touch, trafficking, they were also given painting classes
- Nine Group Awareness Raising Meetings with Simple Health Care teaching was conducted to reach 203 people in the community.

Women's empowerment program:

- 64 women were addressed on health topics at the clinic
- Hyderabad : 956 Dusters , 51 Mallika pouches, Table mats – 2 sets, Mallika mix - 60

Laboratory and other services:

- 785 laboratory tests have been done for 88 patients
 - o 21 showed low hemoglobin, indicating anemia
 - o 9 showed high glucose, indicating diabetes
 - o 2 showed abnormalities in liver function tests
- Specialized tests for leprosy was done for 26 patients (slit skin smears and skin biopsy and ultrasonography tests for nerves)
- 62 injections, 6ulcer dressing and 30 IV fluids given.

Support

Programs	Individuals received
Nutrition Hyderabad	47
Nutrition Vishakhapatnam	70
Milk Support (Lactose)	8
Total	125

Pregnant Women

New Cases	3
Old Cases	3
Nutrition to Ante Natal cases	7
Total	13

We are grateful to all our partners who help us carry out this work.



Mr.Srinivas teaching about Anemia



Treating patients in the clinic



Homebased care



Early stage leprosy cases detected



Administration