

BRINGING HOPE

HIGHLIGHTS:
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MANJULA'S STORY

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Manjula is a young woman married to a man whose daily wages were determined by the work he could find each day. Right after getting married she realized that this man was an alcoholic, and shortly after she had a baby girl. She decided that she must work in order to support her daughter. She was not educated from childhood, but she followed in the same work as her mother by working in houses. As soon as she was old enough, she was married to this man. Having the responsibility of her child made her decide that

her poverty cycle needed to end. Manjula's younger sister had a similar life; however, her sister's husband had died of HIV/AIDS. Her sister also suffered from HIV/ TB, and they did not know how to manage her condition. As her sister was dying, she placed her son into Manjula's hand and she decided to take him as her own son. The little child had suffered much trauma from the cultural rituals he had to carry out for his parents when they died. However, this lady's amazing love is now healing the son. Nireekshana is supporting her children for education.

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CLINICAL STATISTICS

RESEARCH AND EDUCATION

Place	Follow-up	New Registration	Total
HIV Hyderabad	764	10	774
Leprosy Clinic	51	25	76
HIV Vizag	144	2	146
General		26	26
Total	959	63	1022

106 HIV positive and general patients were tested for different medical conditions in the last month.

We are happy to announce that the research team has published a paper “Insights from the sequence similarity of Zika virus proteins with the Human nerve proteins” in **Bioinformation Journal**

We are continuing to study cardiac proteins for our research project on pathogens affecting cardiac function.

We are happy to say that Dr Sujai Suneetha gave a Health Talk about Leprosy at Shubhsandeshtv (<https://www.youtube.com/watch?v=xaXtrG-EctA>).



Sewing training for women

WOMEN'S EMPOWERMENT

The women's empowerment unit has been researching and updating their products in the last month. The following are the products created by the team:

84 Malika Pouches, **53** Zip Pouches, 38 Mallika Mix, **18** Coffee Pouches, Pillow covers 4, Dusters 1339, Bags 33 **98** Soap Kerchiefs, **110** Coconut Oil Soaps made by team Hyderabad Nireekshana.

NEEDS: We require an ultrasound machine, dental equipment and chair and kits for ulcer care. Please contact us to donate.

CARE

8 Home Based Care visits, **367** people were counseled over the phone, 399 Hospital Visits, by Nireekshana.

19 Home visits, 20 Phone Counseling's By Vizag Nireekshana.

46 patients were given ART counseling. **143** patients were given special counseling,

20 patients were provided with the Nutrition mix.

22 Patients and their families were provided with nutrition support

177 HIV positives were given medical care at a special medical camp conducted in collaboration with Bethel Ministries

20 Patients and their families were provided with nutrition support.

BRINGING JOY

EDUCATION

40 children were supported through school in the last one month.

LUNCH TO PATIENTS AND STAFF

590 patients and families were provided with lunch over the last one month 46 staff was provided with lunch daily at Nireekshana, Hyderabad.

Nireekshana, ACET India is a registered developmental NGO based in Hyderabad that is involved in the holistic care of people infected and affected by Infectious Tropical Diseases with special focus on those infected and affected by HIV/AIDS, TB and Leprosy. It currently has 700 HIV positives under regular care each month and 284 leprosy patients registered with 40 ongoing on a monthly follow up routine. Nireekshana's Infection Disease laboratory was set up in 2007 and hosted 5 PhD students through the years. 30 scientific papers have been published since its conception. The laboratory conducts an approximate of 500 tests on the patients every month.

VISION- That individuals, families, and communities affected by HIV/AIDS and other diseases of poverty (neglected tropical diseases) will experience health, fullness of life and have hope.

MISSION- Provide counseling, medical care and socio-economic support to individuals, families, and communities affected by HIV/AIDS and other diseases of poverty, conduct awareness programs, training, education and research to promote health, and undertake special programs for empowering vulnerable women and children at risk.

Nireekshana works with those infected and affected by HIV/AIDS and other diseases without any discrimination on the basis of race, religion, disability, sexual orientation or any other factor. Each program is run to high standards, adapted to cultural and local needs, with shared vision and values.

THANK YOU FOR SUPPORTING THE CAUSE!

WE ARE GRATEFUL TO ALL OUR FRIENDS AND PARTNERS WHO HELP US CARRY OUT THE WORK. THANK YOU!

DRS. LAVANYA & SUJAI SUNEETHA

