

APRIL 2016

# CHILDREN UNDER OUR CARE DREAM BIG

A little shy boy walked into the clinic with his grandmother. He lost his parents at an early age and now his younger sister was dying of HIV/AIDS. We tested him for HIV and we were relieved he was negative. He was immediately started on educational support.

Ten or eleven years later now he's a young man who has excelled in his 10th ward exam and is now in junior college. He wants to be an automobile engineer. Caring for children at risk, infected and affected by HIV/AIDS, is the heart of Nireekshana. We are so happy to see children given the best opportunity for education and moral values.

Sunny is now a volunteer at the clinic. He says "I feel at home here, Nireekshana is like a family to me". Sunny is mature for his age and has a genuine heart for others needs. He sees the potential of what he can achieve in the future and is now ready for it.



### Patient Statistics for Clinics

Place	Follow up	New Regn	Deaths	Total
HIV-Nireekshana Hyd	683	17	2	700
HIV-Vishakhapatnam	94	16	0	110
HIV-Dimapur	12	0	0	12
HIV-Hubli	42	2	0	44
HIV-Community clinic Amberpet	161	0	0	161
HIV-Community clinic Rasoolpura	76	0	0	76
HIV-Children's Clinic	107	0	0	107
HIV-Dental Clinic	13	0	0	13
HIV-Eye Clinic	24	0	0	24
Leprosy Clinic	24	0	0	24
Spl Needs Children	7	0	0	7
Destitute Home	14	0	0	14
<b>Total</b>	<b>1257</b>	<b>35</b>	<b>2</b>	<b>1292</b>

### Community Group Awareness Raising Programs

Program	No. of Programs	Gender		Age Group		Total
		Male	Female	Male Child	Female Child	
Group Awareness Raising Meetings & Simple Health care	16	36	172	36	50	294

### Vision Casting Seminar

Date	Programs	Feedback	Attendees
13th April 2016	Holistic care of HIV/AIDS	This is a very useful session. Learnt a lot from the practical sessions.	12

### Community, Home based Care

Teams	Home Visits	Phone Counseling
Nireekshana Hyd	13	64
YWAM	32	38
Visakhapatnam	35	82
Dimapur	5	10
Hubli	6	6
<b>Total</b>	<b>91</b>	<b>200</b>

## OTHER PROGRAMS

### Trainings and Seminars:

■ A total number of 127 patients at the clinic were addressed on simple health topics such as Hand Washing & Hygiene, Scabies, Training to Pregnant women on Lactogen and Weaning foods, Tuberculosis, Urinary Tract Infections (UTI), Wound Care, Cold & Cough, Typhoid, Fever Reduction, Marriage & Faithfulness, Down's Syndrome program at IOG, Rubbish Disposal, Diarrhea & ORS, Vision Casting Training, Blood Pressure, Seminars had few feedback: "I learnt that we can prevent 70% - 80% of infections by washing hands", "Do not spit in open / public places" on prevention of TB.

■ ART counseling given to 115 patients.

### Women's empowerment program:

■ 64 women were addressed on health topics at the clinic.

■ Hyderabad : 600 Dusters , 25 Mallika pouches, 250 canvas shopping bags

■ Vizag : 20 liters of phenyl.

### Laboratory and other services:

■ 797 laboratory tests have been done for 85 patients.

- o 9 showed low hemoglobin, indicating anemia.
- o 2 showed high glucose, indicating diabetes.
- o 1 individuals showed abnormalities in liver function tests.

■ Specialized tests for leprosy was done for 22 patients (slit skin smears and skin biopsy and ultrasonography tests for nerves).

■ 27 injections, 4 ulcer dressing and 18 IV fluids given.

### Pregnant Women

Program	Total
New Case	4
Old Case	2
Nutrition to ANCs	29
<b>Total</b>	<b>35</b>

### Pharmacy

Problem	Total
Fungal infection	33
Neuropathy	9
TB / HIV	3
STI	6
Cancer	2

### Support

Programs	Individuals received
Nutrition Hyderabad	33
Nutrition Vishakhapatnam	70
Milk Support	8
Education (College)	101
Education (School)	152
Special support	11
New Support (Educational)	1
<b>Total</b>	<b>378</b>



Teaching about Children's care at the clinic



Women enjoying the balloon game



A skit about importance of medications



Srinivas teaching how to prevent HIV / AIDS



Trainees interacting with patients